

#MyPrideFamily



My  **Pride**

FAMILY

PARTY PACK

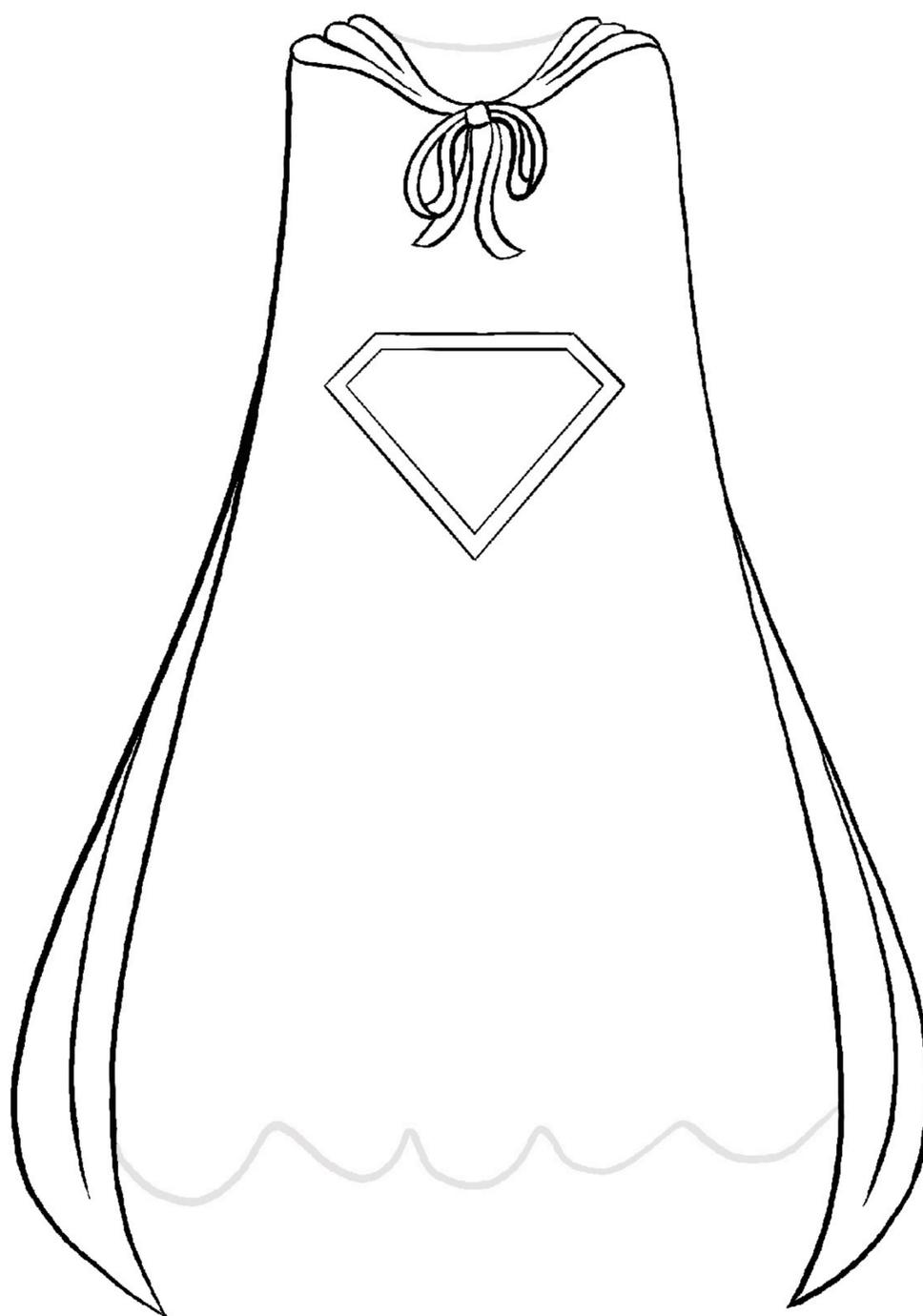


This Pride month at Mermaids, we're focusing on family. We've seen over the last year, how important human connection is and how tough it can be when we don't have it. Support from your family can be a huge thing for LGBTQ+ people: unconditional love, acceptance and care are what we all need.

Family underpins everything we do at Mermaids supporting transgender, non-binary and gender diverse young people and their caregivers. Whether it's your chosen LGBTQ+, biological or adopted family, we want to celebrate them for the support, kindness and shelter they bring.

Now Pride may look a little different this year due to the pandemic, so we want to make sure you and your family, whatever it looks like, can celebrate each other and have fun. Activities to share in and music to listen and dance to, all add up to time spent together, laughter spread and love felt, no matter how far apart you might be.





MY SUPERHERO SELF

Draw yourself as the superhero you are!

We've started with a cape, but what super powers do you have?

What would your superhero name be?

When you're finished, why not share it by tagging

us and using the hashtag #MySuperHeroSelf



20 QUESTIONS



Game

Once you create your crown, the rules are simple. Instruct each participant to take a sticky note and secretly write, the role a family member plays eg. joker. Everyone has a role stuck on to the front of their crown in a way that everyone can read the name except the person who's crown it's on.

The winner is the individual who can guess their role the fastest.



SUPPLIES NEEDED

- A4 or Letter size construction paper
- Scissors
- White glue
- Plastic gems, rhinestones, glitter glue, stickers, foam or paper shapes, buttons, small pompoms, lace, ribbons, and other accents

1

Choose the crown template

- Main crown piece in front and two straight bands that meet at the back.
- Repeating zig zag patterns that go all around the crown.

2

Print out template

- Print out your chosen crown template on any coloured paper. If you want to paint or colour your crown, make sure the paper is white.
- For zigzag template, print out two copies to make one crown.

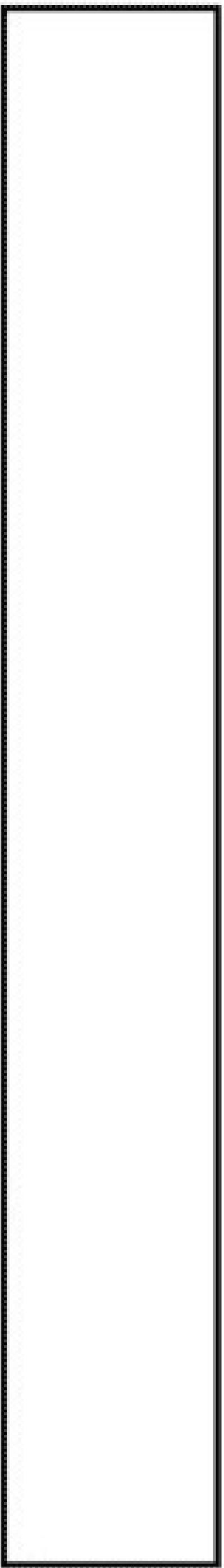
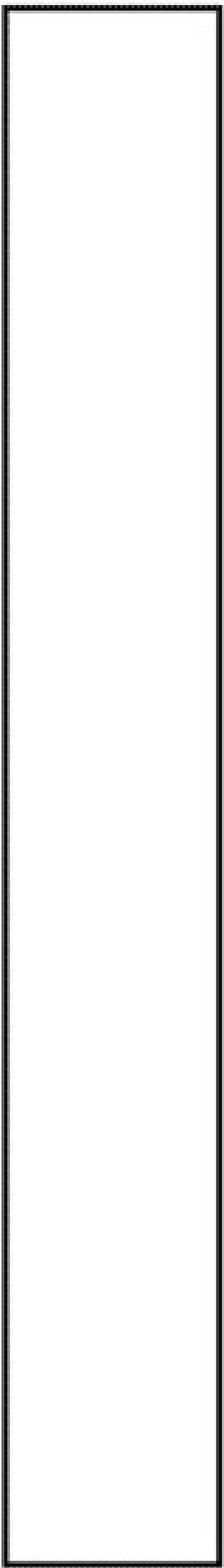
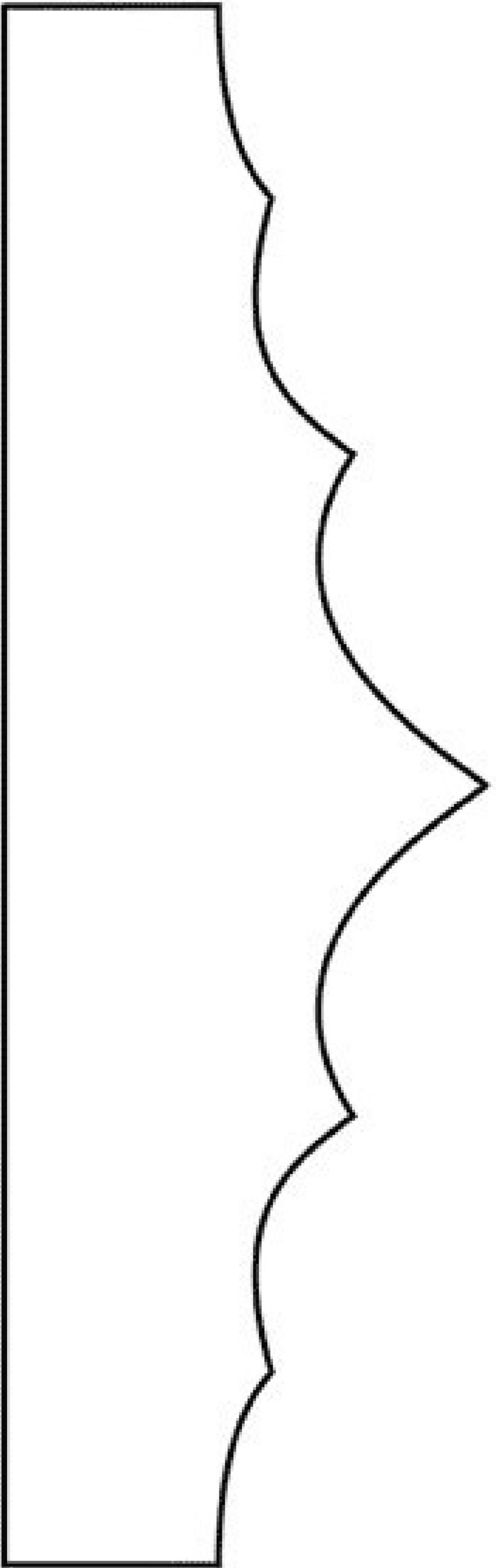
3

Cut out the template

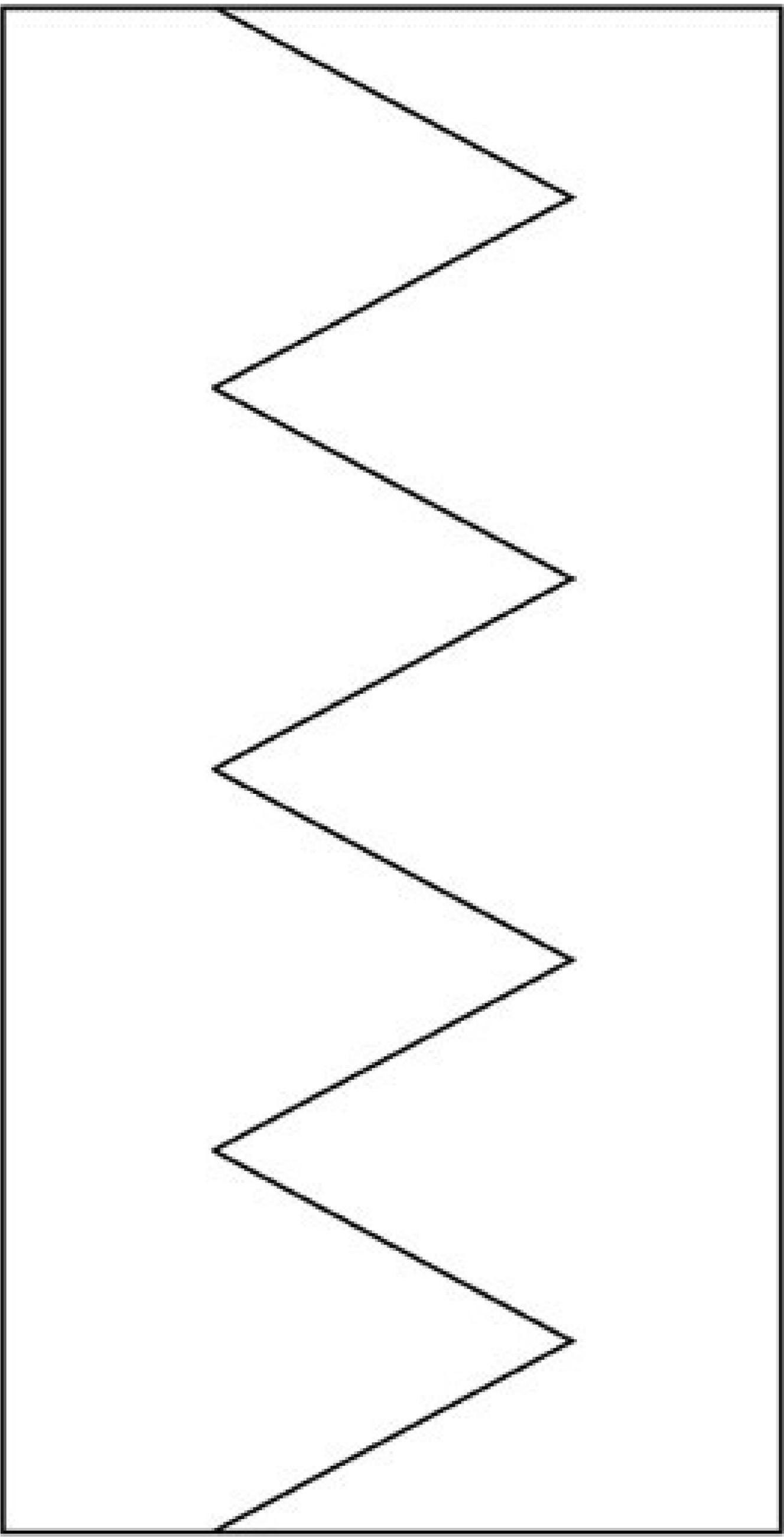
- Cut out template pieces



CROWN TEMPLATE



Zigzag



4

Glue the pieces together

- For template with main crown piece in front- glue straight bands on both edges of the crown.
- For zigzag crown- Connect crown sections by gluing the half-triangle edge to a full triangle of another crown section.

5

Decorate the crown

- Decorate the crown with a variety of materials like plastic gems, markers, glitter or stickers.

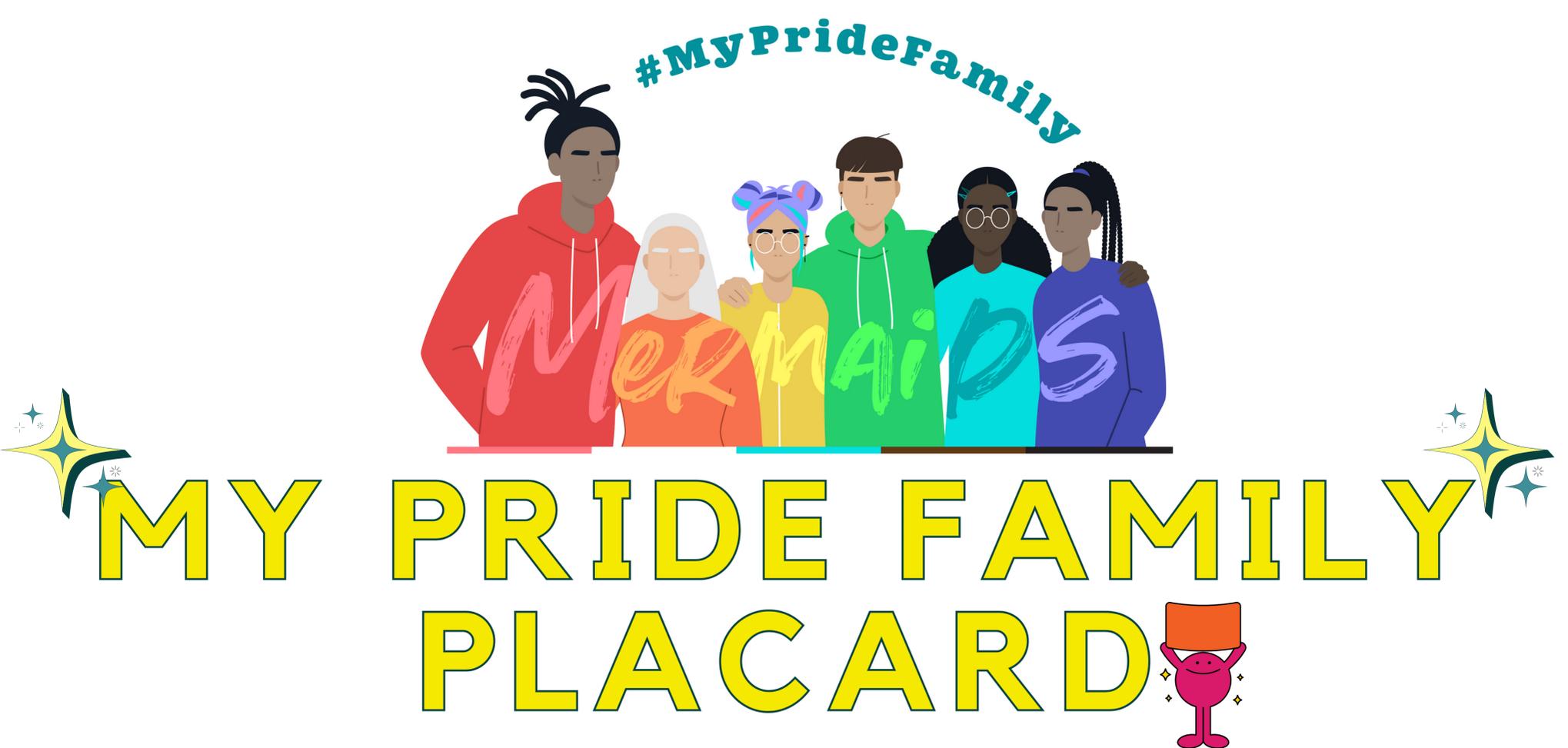
6

Glue the ends together

- Measure the crown around your head.
- Trim the ends to get the right length before gluing the ends of the bands together.
- After the glue sets, try on your paper crown!

NOW LET'S PLAY THE GAME!





Words and images are powerful. A placard is a message or picture written on a rectangular piece of cardboard, attached to a stick. This activity invites you to create a placard that represents what 'family' means to you.



SUPPLIES NEEDED

- Cardboard
- Poster board
- Markers
- Ruler
- Paint

Remember you can use any materials you already have around the house.

1 Decide your message

- What do you want to say?
- Do you want to use words, pictures or symbols?

Remember your message should be short

2 Print out template

- Print out your chosen crown template on any coloured paper. If you want to paint or colour your crown, make sure the paper is white.
- For zigzag template, print out two copies to make one crown.

3 Sketch out your message

- Choose one of the two poster boards to be the front.
- Mark out your words using a pencil and ruler
- Use a pencil to lightly sketch out your message before using pen or paint to make sure you are happy with it.



4 Complete your design

- Go over message you sketched lightly to make it bold and easy to read.
- Add colour if you desire

5 Add decorations (optional)

- This is purely optional if you want to keep it more simple you can, but if you want it to be eye-catching, add decorations!

You can use anything you have at hand, stickers, glitter etc.

6 Attach a handle

- Attach a stick to turn your sign.
- You can use wood or a hollow cardboard tube instead.
- Use adhesive tape or make holes and use string to attach stick to your sign.

Share you're pride family postcard by tagging @MermaidsGender and using #MyPrideFamily



SHARE YOUR PRIDE FAMILY!